

52 Things Kids Need from a Mom
Introduction – From Angela

1. tender – caring and loving
2. prompts – words to help you remember something
3. checklist – a list that helps you by reminding you of the things you need to do or get for a particular job or activity
4. champion (v.) – to publicly fight for and defend an aim or principle
5. adapt – to gradually change your behavior and attitudes in order to be successful in a new situation
6. transition – the change from one thing to another
7. long (v.) – to want something very much, especially when it seems unlikely to happen soon
8. entrusted – made someone responsible for doing something important, or for taking care of someone
9. biggie – (slang) something very large, important, or successful
10. dorky – (slang) stupid, unskilled, or unfashionable.
11. accomplished – very skilled
12. hold back – to stop yourself from feeling or showing a particular emotion
13. mushy – expressing or describing love in a silly way; very sentimental
14. pumpkin – a name used when speaking to someone you love

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Chapter 1 – Kids Need Their Mom to Pray in Secret with the Door Open

1. in secret – in a private way or place that other people do not know about
2. desperately – in a way that shows you are willing to do anything to change a very bad situation, and not caring about danger
3. fussing – worrying a lot about things that may not be very important; paying too much attention to small unimportant details
4. chaotic – completely confused or disordered
5. predicament – a difficult or unpleasant situation in which you do not know what to do, or in which you have to make a difficult choice
6. crumbling – breaking into a lot of small pieces; becoming weak or failing
7. watcha doin? – what are you doing?
8. squirrely – restless, unable to stay still
9. coed – a woman student at a university (old-fashioned)
10. fanfare – a lot of activity, advertising, or discussion relating to an event; a short loud piece of music played on a trumpet to introduce an important person or event
11. uptight – tense, nervous; seeming unable to relax
12. warped – bent or twisted so that it is not the correct shape
13. overhear – to accidentally hear what other people are saying, when they do not know that you have heard
14. long-winded – continuing to talk for too long or using too many words in a way that is boring

15.pursue – to continue trying to find out about someone or about a particular subject over a long period of time

16.backdrop – a painted cloth hung across the back of a stage; the conditions or situation in which something happens

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Chapter 2 – Kids Need Their Mom to Never Stop Touching Them

1. tuck in – to make a child comfortable in bed by arranging the sheets around them
2. dude – (informal) a general term of address used to a man, woman, or group
3. mock horror – horror that you pretend to feel, especially as a joke
4. dignity – feeling of being worthy of respect
5. intentional – done on purpose, deliberately
6. drifted apart – lost personal contact or closeness over time
7. tousle – to make someone's hair look untidy
8. initiator – someone who thinks of and starts a new plan or process
9. subconscious – the part of your mind that has thoughts and feelings you do not know about; unconscious
10. momentarily – for a very short time; briefly
11. grumpy – bad-tempered and easily annoyed
12. gangly – unusually tall and thin, and not able to move gracefully
13. goofy – silly
14. snuggled – settled into a warm comfortable position
15. hesitancy – a state of doubt or uncertainty
16. cutie-pie – darling; sweetheart; sweetie (often used as a term of endearment)
17. mandatory – something that has to be done

18.pallet – a collection of sheets or blankets placed on the floor for sleeping on;
originally filled with of straw

19.tapestry – a large piece of heavy cloth on which colored threads are woven
to produce a picture or pattern;

20.slipped away – went away quietly

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Chapter 3 – Kids Need Their Mom to Hang Hearts of Love Over Their Lives

1. tradition – a belief, custom, or way of doing something that has existed for a long time
2. mobile (n.) – a decoration made of small objects tied to wires or string which is hung up so that the objects move when air blows around them
3. dangling – hanging or swinging loosely
4. turns out – happens in a particular way, or to has a particular result, especially one that you did not expect
5. beam (v.) – to smile very happily
6. hit (n.) –something that is very popular and successful
7. crafted – made something using a special skill, especially with your hands
8. brag – to talk proudly about what you (or someone in your family) have done; boast
9. instantaneous – happening immediately
- 10.thirst for – to want something very much
- 11.recognition – public respect and thanks for one's work or achievements
- 12.sprout (n.) – new growth (as from a plant)
- 13.trying (adj.) – annoying or difficult in a way that makes you feel worried and tired
- 14.a bit of a stretch – difficult to do but not totally impossible
- 15.pulling for – supporting someone or something
- 16.an eye for detail – noticing details that others might miss

17. graffiti – rude, humorous, or political writing and pictures on the walls of buildings, trains, etc.

18. newfangled – recently designed or produced - usually used to show disapproval or distrust

19. means – a way of doing or achieving something

20. rock (v.) – do very well on

21. HeyTell – a cross-platform voice messenger & walkie talkie that allows you to instantly talk with friends & family who use Android, iOS, and Windows Phone 7 devices with the press of a single button.

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Chapter 4 – Kids Need Their Mom to Watch Them Go Out of Sight

1. out of sight – too far away to be seen
2. a bit – a part of something larger; a short scene or episode in a theatrical performance
3. bewildered – totally confused
4. summation – a review of previously stated facts or statements, often with a final conclusion or conclusions drawn from them; more formal than summary
5. sitcom – situation comedy; a funny television program in which the same characters appear in different situations each week
6. terminal (n.) – a big building where people wait to get onto planes, buses, or ships, or where goods are loaded
7. squint – to look at something with your eyes partly closed in order to see better [squinting allows us to see better in two ways: by changing the shape of our eye and letting in a limited amount of light that is more easily focused.]
8. concourse – a large hall or open place in a building such as an airport or train station; a large open space for the gathering of people in a public place
9. sappy – expressing love and emotions in a way that seems silly
10. the “drop and run” – taking a child somewhere and then immediately leaving
11. crazy cold – very cold
12. brood – all the children in a family, especially if there are a lot of them
13. jig – a type of quick, lively, irregular dance
14. retreat (n.) – time away from your ordinary life and situation; often it is a special time to give yourself some peace and calm

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Chapter 5 – Kids Need Their Mom to Keep a Date Night With Dad

1. woohoo – an exclamation of joy or approval
2. gleefully – in a very excited and satisfied way; joyfully
3. shoo – to make an animal or a child go away, especially because they are annoying you
4. linger – to stay somewhere a little longer, especially because you do not want to leave
5. patchy – happening or existing in some areas but not in others
6. rearrange – to change the position or order of things
7. non-negotiable – something you refuse to discuss or change; not open to discussion
8. barricade – a temporary or quickly constructed wall or fence across a road, door etc. that prevents people from going through
9. shout-out – a quick public expression of thanks or gratitude
10. affirm – to confirm or declare; to offer someone emotional support or encouragement
11. weary – very tired or bored, especially because you have been doing something for a long time

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Chapter 6 – Kids Need Their Mom to Make Them Sit Around
the Table ...and Linger

1. arrghh – an exclamation of annoyance, frustration, or anger
2. can't bear – can't stand something; to be so upset about something that you feel unable to accept it or let it happen
3. fabulous – extremely good; wonderful
4. linens – (table linens) all the cloths used during a meal, such as napkins and tablecloths
5. cue the music – give a signal that the music should be played
6. lilting – having a pleasant pattern of rising and falling in one's voice or in music
7. anything goes – anything is permissible or likely to be tolerated; there are no rules
8. acquired – gotten or gained
9. come through – to do what one is expected to do, especially under difficult conditions
10. pull together – to assemble something, such as a meal
11. face time – time that you spend talking to someone when you are with them, rather than on the telephone
12. unfold – develop
13. nonnegotiable – a nonnegotiable principle or belief is one that you refuse to discuss or change
14. straggler – a person or animal that is behind the others in a group, because they are moving more slowly

15. gripes (v.) – complains about something in an annoying way
16. mumbles – says something too quietly or not clearly enough, so that other people cannot understand you
17. sarcastic – saying things that are the opposite of what you mean, in order to make an unkind joke or to show that you are annoyed
18. under their breath – in a very quiet voice or whisper
19. byline – a line at the beginning of an article in a newspaper or magazine that gives the writer's name; motto (a short sentence or phrase which expresses the aims or beliefs of a person, school, or institution); credo (a formal statement of the beliefs of a particular person, group, religion)
20. upbeat – positive and cheerful

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Chapter 7 – Kids Need Their Mom to Let Her Yes Be Yes and Her No Be No

1. intention – a plan or desire to do something
2. embellish – to make a story or statement more interesting by adding details that are not true
3. manipulate – to make someone think and behave exactly as you want them to, by skillfully deceiving or influencing them
4. trait – a particular quality in someone's character
5. illusion – something that seems to be different from the way it really is; a false impression of reality
6. spin (n.) – the way someone, especially a politician or business person, talks about information or a situation, especially in order to influence the way people think about it
7. slant – a way of writing about or thinking about a subject that is based on a particular opinion or set of ideas
8. wishy-washy – not having firm or clear ideas and seeming unable to decide what one wants
9. go with the flow – to do what other people are doing or to agree with other people because it is the easiest thing to do
10. hip (adj.) – done according to the latest fashion
11. come unglued – to lose control of your emotions
12. off the hook – freed from an obligation or difficult situation
13. rational – based on reason rather than emotions
14. cleats – a pair of sports shoes with short pieces of rubber or metal attached to the bottom , in order to prevent someone from slipping
15. make good on – to do what you have said you would do

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Chapter 8 – Kids Need Their Mom to Be delayed, Rerouted, and Canceled with Poise

1. reroute – send vehicles, planes, telephone calls etc. to a different place from the one where they were originally going
2. itinerary – a plan or list of the places you will visit on a journey
3. happy as clams – very happy [based on the full form of the phrase *happy as a clam in mud at high tide (a clam that cannot be dug up and eaten, which therefore could be considered happy)*]
4. kiosk – a small structure in a public area used for providing information or displaying advertisements, often incorporating an interactive display screen or screens.
5. modicum – a small amount
6. poise – a calm, confident way of behaving, combined with an ability to control your feelings or reactions in difficult situations
7. cyber – relating to computers, especially to messages and information on the Internet
8. straight-faced – without smiling or laughing, concealing one's true feelings about something, especially a desire to laugh.
9. waive – to state officially that a right, rule etc. can be ignored
10. dumbfounded – extremely surprised
11. countenance – your face or your expression
12. trembling – shaking slightly
13. process (v.) – to deal with an official document, request etc. in the usual way
14. recap – to repeat the main points of something that has just been said

- 15.play-by-play (adj.) – being a detailed account of each incident or act of an event, as in sports
- 16.lost it – got very angry; lost one's temper; lost control of oneself
- 17.aggravation – something that makes one angry and annoyed; something that causes an increase in intensity, degree, or severity
- 18.misrepresented – deliberately gave a wrong description of someone's opinions or of a situation
- 19.fray (n.) – an argument or fight
- 20.cower – to bend low and move back because you are frightened
- 21.blown it – spoiled your chance of achieving something you wanted because of something you did or said
- 22.short fuse – if someone has a short fuse, they become angry quickly and often
- 23.rants – loud, confused, excited speech about something you feel strongly about
- 24.composure – the state of feeling or seeming calm
- 25.inevitable – certain to happen and impossible to avoid

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Chapter 9 – Kids Need Their Mom to Make Them Wait to Take a Bite

1. 'course – of course
2. agony – very severe pain; a very sad, difficult, or unpleasant experience
3. inducing – causing; producing
4. rascals – a child who behaves badly but whom you still like
5. determined (adj.) – having a strong desire to do something, so that you will not let anyone stop you
6. well-intentioned – meaning well; having good intentions
7. keep an eye out – to watch carefully for someone or something; to watch for the arrival or appearance of something
8. minispeech – a short talk giving advice; pep talk (a short speech intended to encourage someone to work harder, win a game etc.)
9. grunting – making short sounds or saying a few words in a rough voice, when you do not want to talk
10. word on the street – the current talk or rumors
11. uptight – having strict traditional attitudes and seeming unable to relax; tense, nervous
12. regulatory – has the official power to control an activity and to make sure that it is done in a satisfactory way
13. barbarians – someone who does not behave properly
14. downright – completely
15. to be humbled – to realize that you are not as important, good, kind etc. as you thought you were

16.scold – to angrily criticize someone, especially a child, about something they have done; reprimand

17.reprimand – to tell someone officially that something they have done is very wrong; scold

18.grace – mercy

19.all-in-all – everything considered or taken into account

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Chapter 10 – Kids Need Their Mom to Take Christmas to People Who Have Nothing

1. compassion – a strong feeling of sympathy for someone who is suffering, and a desire to help them
2. needy – having very little food or money; needing and wanting a lot of love and attention
3. want in – to want to be involved in something
4. toiletry – things such as soap and toothpaste that are used for cleaning yourself
5. blast – an enjoyable and exciting experience
6. awestruck – filled with wonder
7. stacked – put in neat piles
8. provision – when you provide something that someone needs now or in the future
9. spooky – strange or frightening in a way that makes you think of ghosts; scary
10. creaked – if something such as a door, wooden floor, old bed, or stair creaked, it made a long high squeaking noise when someone opened it, walked on it, sat on it etc.
11. strung out – strongly affected by a drug, so that you cannot react normally; high

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Chapter 11 – Kids Need Their Mom to Miss a Few Things They Do Wrong

1. frazzled – feeling tired and anxious, for example after a journey or because you are very busy
2. redirect – to send something or someone in a different direction
3. tactics – methods that you use to achieve a desired result
4. stay on top of – to keep watch over someone or something
5. reputation – the opinion that people have about someone or something because of what has happened in the past
6. on my watch – when you are the one who is in charge or responsible
7. pooped (adj.) – very tired, exhausted
8. elaborate (v.) – to give more details or new information about something
9. to call someone on something – to point out an error or criticize someone for something
10. exasperating – extremely annoying
11. discernment – the ability to make good judgments
12. for that matter – besides; in addition; used to say that what you are saying about one thing is also true about something else
13. intervention – the act of becoming involved in an argument, fight, or other difficult situation in order to change what happens
14. clutter – a large number of things that are scattered somewhere in an untidy way
15. to turn a blind eye – to ignore something and pretend you do not see it

16.flaw – a mistake, mark, or weakness that makes something imperfect

17.give it a rest – stop doing something

18.nitpicking – when someone argues about small unimportant details or tries to find small mistakes in something

19.stop me in my tracks – stop suddenly

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Chapter 12 – Kids Need Their Mom to Put Down the Phone

1. bleachers – long wooden benches arranged in rows, where you sit to watch sport
2. taking in – observing; absorbing
3. nevertheless – in spite of a fact that you have just mentioned
4. what did it matter? – how could it be important?
5. version – a particular form of something
6. sulky – showing you are annoyed or unhappy silently
7. forfeited – given up or lost a right, position, possession or have it taken away from you because you have broken a law or rule
8. wrap up – finish
9. cut it close – wait too long to do something; to judge or finish something close to its limit
10. fleeting – lasting only a short time; brief
11. manually – operated or done by hand rather than automatically
12. whim – a sudden feeling that you would like to do or have something, especially when there is no important or good reason

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Chapter 13 – Kids Need Their Mom to Learn Their Unique Love Language

1. a home run – a complete success
2. count on – rely on or depend on
3. spectrum – a complete range of opinions, people, or situations, going from one extreme to its opposite
4. ambitious – determined to be successful, rich, or powerful
5. sporty – athletic; liking and being good at sports
6. affirmation – the act of expressing positive support and encouragement
7. materialism – the belief that money and possessions are most important
8. full-fledged – completely developed, trained, or established
9. to mean the world to – to be extremely important to
10. rank (v.) – to decide the position of someone or something on a list based on quality or importance

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Chapter 14 – Kids Need Their Mom to Occasionally Be a Supermom

1. run-of-the-mill – not special or interesting in any way; ordinary
2. wadded up – pressed into a small, tight ball
3. slacker – someone who is lazy and does not do all the work they should
4. snickering – laughing quietly and in a way that is not nice at something which is not supposed to be funny
5. drop the ball – make an error; miss an opportunity; to fail in some way
6. catastrophe – terrible event in which there is a lot of destruction, suffering, or death; disaster
7. caper – a planned activity, especially an illegal or dangerous one
8. over the top – excessive or unnecessary
9. stunts – dangerous actions that are done to entertain people, especially in a film; impressive achievements that are done to attract people's attention
10. lavish – large, impressive, or expensive
11. streamers – a long narrow piece of colored paper, used for decoration on special occasions
12. ingenuity – skill at inventing things and thinking of new ideas
13. pull it off – to manage to make something happen; to perform something in spite of difficulties or obstacles
14. wowed – impressed

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Chapter 15 – Kids Need Their Mom to Turn Their Beds Down at Night

1. turn down – to fold the top covers of a bed down to make it ready for someone to go to sleep
2. stuck with me – remained in my thoughts or memory
3. gesture – something that you say or do, often something small, to show how you feel about someone or something
4. housecoat – a woman's robe or dresslike garment, for casual wear about the house.
5. selfless – caring about other people more than about yourself - used to show approval
6. set the bar – making a standard or level that other people or things will have to meet
7. smocking – a type of decoration made on cloth by pulling the cloth into small regular folds held tightly with stitches
8. make rounds – make the usual visits that someone, especially a doctor or a night watchman, regularly makes as part of his job
9. pamper – to look after someone with excessive kindness, for example by giving them all the things that they want; spoil
10. haven – a place where people or animals can live peacefully or go to in order to be safe
11. wait-on-them-hand-and-foot – to do everything for someone so that they do not have to do anything for themselves

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Chapter 16 – Kids Need Their Mom to Ride a Roller Coaster... for the First Time

1. kidding – saying something that is not true, especially as a joke
2. play it safe – avoid any risks
3. a long line – a series of people, especially members of the same family, following one another in time
4. integrity – the quality of being honest and strong about what you believe to be right
5. fine and dandy – good, excellent, OK
6. address (v.) – deal with, start trying to solve a problem
7. resolved – made a definite decision to do something
8. relentless – continuing without ever stopping or getting less severe
9. legacy – something that happens or exists as a result of things that happened at an earlier time; anything handed down from the past
10. stifling – very hot and uncomfortable, so that it seems difficult to breathe; crushing
11. hoisted – to raise, lift, or pull up something, especially using ropes
12. hold on for dear life – as if you fear you will die; to hold something or someone as tightly as you can in order to avoid falling
13. petrified – extremely frightened, especially so frightened that you cannot move or think; turned to stone
14. subsided – gradually became less and then stopped; died down
15. recipient – someone who receives something
16. hold back –to hesitate before you do something because you are not sure whether it is the right thing to do

17. chicken – someone who is not at all brave

18. straight off – without hesitation

19. irrational – not based on clear thought or reason

20. confront – to deal with something very difficult or unpleasant in a brave and determined way

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Chapter 17 – Kids Need Their Mom to Talk to Them Like They are Fascinating

1. fascinating – very interesting; holds one’s attention
2. quandary – a difficult situation or problem, especially one in which you cannot decide what to do
3. babbling – speech that is quick and difficult to understand; meaningless chatter
4. blur – to become unclear
5. wacky – silly in an exciting or amusing way; crazy
6. elevator music – the type of music that is played in stores and public places, and is usually thought to be boring
7. soothes – makes someone feel calmer and less anxious, upset, or angry
8. a stretch – exaggeration; a reach beyond normal or usual limits
9. kneeling – being in or moving into a position where your body is resting on your knees
10. stooping – bending your body forward and down
11. keepsake – a small object that you keep to remind you of someone or something
12. accumulation – that which has been gradually collected
13. follow-up – an additional question; an action or thing that serves to increase the effectiveness of a previous one, as a second letter, phone call, or visit
14. night owl – someone who enjoys staying awake late at night
15. open up – start to talk freely about something

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Chapter 18 – Kids Need Their Mom to Treat Their Friends Like Family

1. babydoll – a term of endearment (words that express your love for someone)
2. drill – the usual way something is done
3. comfy – comfortable
4. hover – stay in one place in the air; stay near by
5. squirrely – not able to stay still; restless
6. put someone to something – to have someone start doing something
7. awkward – not relaxed or comfortable; lacking grace, skill or manners
8. spend the night – stay overnight
9. yikes – said when something frightens or shocks you
10. rummaged – searched for something by moving things around in a careless or hurried way
11. pantry – a very small room or closet where food is kept
12. smorgasbord – a meal in which people serve themselves from a large number of different dishes; buffet
13. lavish – large, impressive, or expensive; very generous

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Chapter 19 – Kids Need Their Mom to Cheer Wildly From the Stands

1. spectator – someone who is watching an event or game; audience
2. penalties – disadvantages in sports given to a player or team for breaking rules; a chance to kick the ball or hit the puck into the goal in a game of football, rugby, or ice hockey, given because the other team has broken a rule
3. protocol – a system of rules about the correct way to behave on an official occasion
4. doggone it – an old-fashioned spoken expression used when you are slightly annoyed about something
5. kick in – to start or to begin to have an effect
6. for the record – used to tell someone that what you are saying should be remembered or written down
7. stunning – very surprising, amazing or shocking; very beautiful
8. three-pointer – a field goal worth three points in a basketball game, made from behind a specified line
9. eliminating – getting rid of something unwanted; omitting or removing
10. truth be told – to be honest
11. right off the bat – immediately; first thing
12. zero in on – to be concentrated and focused on a problem, target, or goal
13. lap – one complete time around a track
14. whooping – shouting loudly and happily
15. distracted – having attention taken away from something

16. sheepish – slightly uncomfortable or embarrassed because you know that you have done something silly or wrong

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Chapter 20 – Kids Need Their Mom to Give Grace-Filled Consequences

1. consequences – what happens as a result of a particular action or set of conditions; discipline
2. despise – hate; dislike
3. get me down – make me depressed or discouraged
4. confrontational – tending to cause angry disagreements
5. conflict (n.) – a state of disagreement or argument between people, groups, countries, etc.; a situation in which you have two opposite feelings about something
6. administering – giving; dispensing
7. plain (adv.) – (informal) clearly and simply; used to emphasize an adjective, usually one referring to a bad quality
8. dole out – to distribute; to give out in small quantities
9. grace – kindness and mercy
10. frayed – worn out; if someone's temper or nerves fray, they become annoyed
11. heavy-handed – harsh; taking too much action or extreme action, especially without thinking about other people's feelings
12. step up – to improve one's performance or take on more responsibility, especially at a crucial time
13. nonconfrontational – not wanting to engage in conflict
14. off the hook – freed from obligation; released
15. address (v.) – to deal with

16. bark (v.) – to say something quickly in a loud voice
17. sustained – continuing for a long time
18. go overboard – to do far more than is necessary
19. grounded – someone, especially a child, who is grounded is kept indoors as a punishment
20. inmate – someone who is being kept in a prison
21. solitary confinement – a punishment in which a prisoner is kept alone and is not allowed to see anyone else
22. stern (adj.) – serious and strict

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Chapter 21 – Kids Need Their Mom to Be a Passionate, Alive, Spiritual Lover of God

1. passionate – having intense emotion or strong feeling
2. downright – completely or thoroughly
3. regrets – sadness that you feel about something, especially because you wish it had not happened
4. paralyzing – bringing to a condition of helpless inactivity or inability to act
5. overwhelmed – feeling something so strongly, you don't know how to react
6. renown – widespread fame
7. the lifter of your head – Psalm 3:3 (But you, O LORD, are a shield about me, my glory, and the lifter of my head.) – the one who helps you win the battle, who gives you victory and honor
8. pursue – to continue doing an activity or trying to achieve something over a long period of time
9. propensity – a natural tendency to behave in a particular way
10. misery – great unhappiness
11. hand – a single game of cards; the playing cards given to one person in a game
12. yearned – had a strong desire for something, especially something that is difficult or impossible to get
13. countenance – your face or your expression
14. exchanging – to give someone something and receive something different from them
15. level off – to stop rising or falling and become steady

16. with abandon – the feeling of an emotion in a strong and in a carefree way;
with abandonment of control

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Chapter 22 – Kids Need Their Mom to Indulge Their Silly

1. indulge – to let yourself do or have something that you enjoy, especially something that is considered bad for you; satisfy
2. silly (n.) – enjoyment in acting funny in a cute way
3. witty – using words in a clever and amusing way
4. uptight – having strict traditional attitudes and seeming unable to relax
5. go-to – anything which is the most commonly used or which you use without having to think about it, such as a food, bag, facial expression, etc.
6. slapstick – humorous acting in which the performers fall over, throw things at each other, etc.
7. goofy – stupid or silly
8. goofball – someone who is silly
9. component – one of several parts that together make up a whole
10. studded – decorated with a lot of studs or small jewels [stud = a round piece of metal that is stuck into a surface for decoration]
11. reframe – to revise or reshape
12. pragmatic – dealing with problems in a sensible, practical way instead of strictly following a set of ideas
13. try your patience – to bother you as if testing your patience
14. levelheaded – calm and sensible in making judgments or decisions
15. lighten up – to not be so serious

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Chapter 23 – Kids Need Their Mom to Have a Hallelujah Party

1. hallelujah – a word used to express thanks, joy, or praise to God
2. fresh out of – having just completed something; having just finished or sold all of something
3. went out the window – if a quality, principle or opportunity *went out the window*, it disappeared, was lost or was abandoned.
4. something was up – something was happening
5. alternative – different from the (noun) you have and can be used instead
6. exalt – to put someone or something into a high rank or position
7. hype – exaggerated publicity
8. s'mores – (some more) a snack treat of graham crackers, toasted marshmallow, and chocolate
9. have a blast – to have a great time; to have a lot of fun
10. payoff – an advantage or profit that you get as a result of doing something
11. good to go – all ready to go; ready for the situation
12. spooky – strange or frightening in a way that makes you think of ghosts
13. trump (v.) – to do better than someone else in a situation when people are competing with each other; to play a card from the suit that has been chosen to have a higher value than the other suits in a particular game that beats someone else's card in a game
14. simmer – to cook something slowly by boiling it gently

52 Things Kids Need from a Mom
Chapter 24 – Kids Need Their Mom to Keep a Family Blog

1. blog / blogging – a web page that is made up of information about a particular subject, in which the newest information is always at the top of the page / writing a blog
2. take the plunge – to decide to do something, usually said about doing something that involves some risk
3. access (v.) – to find information, especially on a computer; to make contact with; be able to reach, approach, or enter
4. format (v.) – to arrange the pages of a book or the information on a computer into a particular design
5. savvy – someone who is savvy is clever and knows how to deal with situations successfully
6. bells and whistles – the things that something, especially a device or machine, has or does that are not necessary but that make it more exciting or interesting
7. in awe of – fearful and respectful of someone or something; admiring someone or something very much
8. shoddy – made or done cheaply or carelessly
9. pup tent – a small tent for two people
10. parent (v.) – to be or act as parent of
11. newfangled – recently designed or produced - usually used to show disapproval or distrust
12. legacy – anything handed down from the past



52 Things Kids Need from a Mom
Chapter 25 – Kids Need Their Mom to Become Physically and Emotionally
Healthy

1. perimenopause – the period leading up to menopause during which some of the symptoms associated with menopause may be experienced
2. dominate – to have control over or to be the most important thing
3. shoot – informal interjection used to show that you are annoyed or disappointed about something
4. reevaluate – evaluate (to judge how good, useful, or successful something is) again or differently
5. muster – to collect or assemble; produce
6. budge –to move or change
7. constitution – your health and your body's ability to fight illness
8. diligent – hard-working, careful and thorough
9. incorporating – including something as part of a group, system or plan
10. dozing off – going to sleep, especially when you did not intend to
11. night-owl – someone who enjoys staying up late at night
12. arrggghhhh – an exclamation of annoyance or frustration
13. will (v.) – to try to make something happen by thinking about it very hard
14. proactively – in a way that makes things happen or change rather than reacting to events
15. short-tempered – quick to lose one's temper or become angry
16. take hold – become established
17. quick-tempered – easily made angry

52 Things Kids Need from a Mom
Chapter 26 – Kids Need Their Mom to Become Spiritually Healthy

1. spirituality – the quality of being interested in religion or religious matters
2. sneak up on – to approach someone or something quietly and in secret
3. unintentionally – not done deliberately; not planned
4. glare – a long, angry look; stare
5. abrasive – rude or unkind
6. bossy – always telling other people what to do, in a way that is annoying
7. assess – to make a judgment about a person or situation after thinking carefully about it
8. sluggish – moving or reacting more slowly than normal
9. distance (v.) – separate; to keep at a distance
10. grievance – a belief that you have been treated unfairly, or an unfair situation or event that affects and upsets you
11. waned – became gradually less strong or less important
12. invalid (n.) – someone who cannot look after themselves because of illness, old age, or injury
13. indulging – yielding to a desire for something; allowing oneself to enjoy the pleasure of something
14. self-pity – the feeling of being sad and depressed because you think that something unfair or unpleasant has happened to you
15. dig in their heels – to refuse to change their plans or ideas, especially when someone is trying to persuade them to do so; to refuse to yield
16. get around to – to find time to do something

17.forge – to move somewhere or continue doing something in a steady determined way

18.(something) has to go – has to be eliminated or gotten rid of

19.impoverished – very poor

20.My plate is full (to have a lot on my plate) – I am very busy and have commitments

52 Things Kids Need from a Mom

Chapter 27 – Kids Need Their Mom to Believe They Will Not Grunt Forever

1. grunt – to make short sounds or say a few words in a rough voice, when you do not want to talk
2. inquisitive – asking too many questions and trying to find out too many details about something or someone; interested in a lot of different things and wanting to find out more about them
3. fake it – to pretend (to do something)
4. in a fog – unable to think clearly; not paying attention to what is going on around one; not alert
5. frustration – the feeling of being annoyed, upset, or impatient, because you cannot control or change a situation, or achieve something
6. adolescent – a young person, usually between the ages of 12 and 18, who is developing into an adult
7. neurologist – a doctor who specializes in treating diseases of the nervous system
8. rewiring – putting new electric wires in a building, machine, light etc.; connections between neurons in your brain are changing
9. countenance – your face or your expression
10. dissuade – to convince someone not to do something
11. brain fog – a condition that affects all ages and which is characterized by confusion, decreased clearness of thought, and forgetfulness
12. chatty – liking to talk a lot in a friendly way
13. weirdo – someone who wears strange clothes or behaves strangely
14. dork – someone who you think is or looks stupid; a silly, out-of-touch person who tends to look odd or behave ridiculously around others

15. stall out – to stop making progress or developing
16. moodiness – quality of having quickly changing emotions
17. transitions – when something changes from one form or state to another
18. fickle – always changing one's mind about people or things that they like, so that you cannot depend on them
19. wishy-washy – not having firm or clear ideas and seeming unable to decide what one wants
20. misguided – intending to be helpful but in fact making a situation worse; showing faulty judgment or reasoning; mistaken

52 Things Kids Need from a Mom
Chapter 28 – Kids Need Their Mom to Make a Big Deal Out of God

1. big deal – something very important
2. optional – if something is optional, you do not have to do it or use it, but you can choose to if you want to
3. mean it – to be serious about what you are saying or writing
4. setting the tone – establishing the way an event or activity will continue, especially the mood of the people involved
5. in charge – in control of someone or something; having the responsibility for someone or something
6. obnoxious – very offensive, unpleasant, or rude
7. pushy – trying too hard to persuade someone to do something
8. legalistic – too concerned about small legal rules and details
9. filtered through – to be allowed to pass through something or to find a way through something
10. grid – a framework of crisscrossed or parallel bars; a grating or mesh
11. surrendered – allowing yourself to be controlled or influenced by something
12. saint – someone who is extremely good, kind, or patient
13. in awe – a feeling of great respect and liking for someone or something
14. sound / soundly – deeply and peacefully
15. hip (adj.) – doing things or done according to the latest fashion; cool
16. option – choice; optional
17. vibrant – full of activity or energy in a way that is exciting and attractive; lively

18.trump – to do better than someone or something else in a situation when people are competing with each other

19.make the call – make the decision

20.stand on my head – perform a difficult task

21.pitiful – very bad in quality

22.rocks (v.) – said to show that you strongly approve of someone or something

23.track down – to find someone or something that is difficult to find by searching or looking for information in several different places

24.out-of-place – uncomfortable in a particular situation or place, or feeling like they do not belong there

52 Things Kids Need from a Mom
Chapter 29 – Kids Need Their Mom to Keep Her Promise

1. board (v.) – to pay money and arrange for an animal to stay somewhere
2. sanity – the condition of being mentally healthy
3. nonshedding – not likely to shed; not having hair that falls out easily
4. approved – officially accepted
5. lost one's mind – to become crazy; to start behaving in a silly or strange way
6. winding –twisting, bending or turning
7. piped up – suddenly said something, esp. when you had been quiet until then
8. to go along with – to agree with someone or agree to something
9. meandered – walked somewhere in a slow relaxed way rather than take the most direct way possible
- 10.halfhearted – without enthusiasm or energy
- 11.breeder – someone who keeps animals or plants in order to produce babies or new plants
- 12.to be beside oneself – to have an emotion so strongly that it is almost out of control; almost out of one's senses from a strong emotion, as from joy, delight, anger, fear, or grief
- 13.beaming – smiling very happily
- 14.good intentions – plans to do something good or positive
- 15.integrity – the quality of being honest and strong about what you believe to be right

52 Things Kids Need from a Mom
Chapter 30 – Kids Need Their Mom to Wait on Them Hand and Foot...When
They Are Sick

1. wait on them hand and foot – to do everything for someone so that they do not have to do anything for themselves
2. encountered – experienced or met with something or someone
3. pampered – looked after very kindly, for example by giving them the things that they want and making them feel warm and comfortable
4. fuss over – to give a person or animal too much attention because you want to show that you like him, her, or it
5. snuffle (n.) – an act of sniffing slightly and repeatedly because of a cold or crying; a mild cold
6. diagnosed – identified the nature of (an illness or other problem) by examination of the symptoms.
7. capacity – ability to do something
8. conversion – when you change something from one form, purpose, or system to a different one
9. sickbed – the bed where a sick person is lying
- 10.comfy – comfortable
- 11.stirring – moving slightly
- 12.tucking – pushing the edge of a piece of cloth or paper, into or behind something so that it looks tidier or stays in place; making someone comfortable in bed by arranging the sheets around them
- 13.dim (v.) – turn down; make less bright
- 14.nibbling – taking small bites
- 15.icky – very unpleasant, especially to look at, taste, or feel; yucky

16. proponent – someone who supports something or persuades people to do something
17. pull out all the stops – to use everything available; to not hold back; to do everything you can
18. spoil rotten – to do whatever someone wants you to do or to give them anything they want
19. inevitable – certain to happen and impossible to avoid
20. lavish (adj.) – very generous; expensive, beautiful

52 Things Kids Need from a Mom

Chapter 31 – Kids Need Their Mom to Tell Them to Buy Another Token and Keep Swinging

1. token – a round piece of metal that you use instead of money in some machines
2. tryouts – a time when people who want to be in a sports team, activity etc. are tested, so that the best can be chosen
3. batting cage – an area for batting practice that is enclosed by fencing or netting
4. putt-putt – miniature golf
5. intimidated – feeling worried and lacking confidence because of the situation you are in or the people you are with
6. unfazed – not confused, worried or shocked by a difficult situation or by something that has happened
7. hoopla – excitement about something which attracts a lot of public attention
8. here's the thing – used to introduce an explanation or to emphasize the importance of what you are saying
9. to get to – to have an effect or influence on
10. whacked – hit something really hard
11. bummed – annoyed, upset, or disappointed
12. rained out – cancelled because of rain
13. whiffed – swung hard and missed the ball
14. Derek Jeter – an American former professional baseball shortstop who played 20 seasons in Major League Baseball for the New York Yankees
15. blister – a swelling on your skin containing clear liquid, caused for example by a burn or continuous rubbing

16.sweet spot – the point or area on a bat, club, or racket at which it makes most effective contact with the ball

17.don't give a hoot – to not care at all about someone or something

18.borderline – very close to not being acceptable; almost

19.free throw – foul shot; a throw from the foul line given a basketball player after a foul has been called against an opponent

52 Things Kids Need from a Mom

Chapter 32 – Kids Need Their Mom to Pray Them Home and for the Will of God

1. understatement – a statement that is not strong enough to express how good, bad, impressive etc. something really is
2. devastated – feeling extremely shocked and sad
3. hindsight – the ability to understand a situation only after it has happened
4. bring (something) up – to introduce something into a discussion; mention
5. stubborn – determined not to change your mind, even when people think you are being unreasonable
6. refining – improving something by gradually making slight changes to it; bringing to a pure state
7. paced – walked first in one direction and then in another many times, especially because you are nervous
8. pouted – showed you were annoyed or unhappy by pushing out your lower lip
9. pity party – an episode of being sad and depressed because you think that something unfair or unpleasant has happened to you; feeling sorry for yourself
10. sold out – completely committed
11. a 180 – a sudden change from a particular opinion, decision, or plan to an opposite one
12. radically – thoroughly
13. entrust – to make someone responsible for doing something important, or for taking care of someone
14. prodigals – sons or daughters who have left their families in order to do something that the families disapprove of

15. oversee – supervise

16. went home to be with the Lord – died and went to Heaven

17. assurance – a promise that something will definitely happen or is definitely true; confidence or certainty

18. compromising – proving that you have done something morally wrong or embarrassing, or making it seem as if you have done so

19. havens – places where people can live peacefully or go to in order to be safe

52 Things Kids Need from a Mom
Chapter 33 – Kids Need Their Mom to Be a “Groovy” Mom

1. groovy – fashionable, modern, and fun (used especially in the 1960s)
2. member – a person that belongs to a group or organization
3. bed head – messy hair from sleeping
4. mismatched – a combination of things that do not work well together
5. updating – making something more modern in the way it looks or operates
6. fine and dandy – very good; all right
7. hip (adj.) – doing things or done according to the latest fashion; cool
8. run by – to come to a place for a brief period of time

52 Things Kids Need from a Mom

Chapter 34 – Kids Need Their Mom to Teach Them How to Know the Voice of God

1. pings – makes a short high ringing sound
2. filter (v.) – to remove unwanted substances from water, air etc. by passing it through a special substance or piece of equipment
3. distracting – taking someone's attention away from something by making them look at or listen to something else
4. discernment – the ability to make good judgments
5. unwavering – steady, unchanging, never moving
6. accuser – someone who says you are guilty of a crime or doing something bad
7. deceiver – someone who makes you believe something that is not true
8. sift – to examine information carefully in order to find something out or decide what is important and what is not
9. conviction – a very strong belief or opinion
10. shame – the feeling you have when you feel guilty and embarrassed because you, or someone who is close to you, have done something wrong
11. bondage – the state of having your freedom limited, or being prevented from doing what you want; slavery
12. misguided – intended to be helpful but in fact making a situation worse
13. promotes – helps something to develop or increase
14. prompts – assists or encourages someone to decide to do something
15. repentance – turning from evil or sin , and turning to God or good

16. condemned – sentenced to punishment, particularly death

17. a loser – a person who is unable to be successful in life and social situations; someone who does not seem to belong in a particular group of people, and who is not accepted by that group

52 Things Kids Need from a Mom
Chapter 35– Kids Need Their Mom to Believe in Their Strengths and Speak
Life into Their Gifts

1. influencer – a person who has the ability to influence the behavior or opinions of others
2. discern – to notice or understand something by thinking about it carefully
3. abused – treated in a cruel and violent way
4. going on – talking a lot and quickly
5. gifting – (usual meaning – presenting someone with a gift) – in this chapter it means the skills and abilities one has been given by God
6. process (v.) – to handle or deal with information
7. for the most part – in most cases; usually; in general
8. longings – strong feelings of wanting something or someone
9. ambition – a strong desire to achieve something
10. brokenness – a feeling of sadness and mental and physical weakness because you have suffered
11. get caught up in – get deeply involved with something; become so involved in an activity that you do not notice other things
12. nada – nothing (from Spanish)
13. tolerable – not very good, but you are able to accept it
14. jump shot – in basketball, a shot made by a player at the highest point of a jump
15. inclination – a feeling that makes you want to do something; a tendency to think or behave in a particular way

- 16.craftiness – skillful in craft activities; (often means – to be good at getting what you want by clever planning and by secretly deceiving
- 17.futile – useless because it has no chance of being successful; pointless
- 18.champion (v.) – to publicly fight for, support and defend
- 19.dead-end (adj.) – having no possibility for or hope of progress, advancement, etc.
- 20.the lay of the land – the general state of affairs under consideration; the facts of a situation
- 21.home base – home plate in baseball; a place of safety and success
- 22.exert – to make a physical or mental effort
- 23.maneuver – to move or turn skillfully
- 24.interaction – an occasion when two or more people or things communicate with or react to each other
- 25.weariness – extreme tiredness
- 26.hootin’ and hollerin’ – hooting and hollering; shouting and screaming with enthusiasm

52 Things Kids Need from a Mom

Chapter 36– Kids Need Their Mom to Make a Home Where Grace Lives

1. grace – kindness and love; willingness to forgive
2. immaculate – very clean and neat
3. handy – 1)good at using something, especially a tool; 2) convenient; 3)useful
4. yard people – people who think taking care of their yard and lawn is very important and who do a good job of taking care of their yard
5. intimidated – feeling worried and lacking confidence because of the situation you are in or the people you are with
6. soaking up – enjoying something
7. sheer – complete, total
8. inclination – a tendency to think or behave in a particular way
9. track in – to make marks or footprints of something such as mud or dirt on the floor
- 10.set aside – to ignore or not think about a particular fact or situation
- 11.treasure (v.) – to keep and care for something that is very special, important, or valuable to you; to value something highly
- 12.sarcasm / sarcastic – saying things that are the opposite of what you mean, in order to make an unkind joke or to show that you are annoyed
- 13.quarrelsome – tending to repeatedly argue with other people
- 14.pick on – to keep treating someone badly or unfairly, especially by criticizing them
- 15.belittle – to make someone or something seem small or unimportant
- 16.all in fun – without intention to harm or hurt

- 17.shortcomings – faults or weaknesses that make someone or something less successful or effective than they should be
- 18.snicker – to laugh quietly and in a way that is not nice at something which is not supposed to be funny
- 19.icky – very unpleasant, especially to look at, taste, or feel
- 20.pantry – a very small room or closet in a house where food is kept
- 21.drenched – covered with a lot of a liquid; soaked; completely covered or surrounded
- 22.impart – to give information, knowledge, wisdom etc. to someone

52 Things Kids Need from a Mom
Chapter 37– Kids Need Their Mom to Throw Down the “MOM” Card

1. final say – the final point (in an argument); the final decision; the last word
2. pigtails – braid or ponytail, especially one of a pair worn one on each side of the head.
3. jungle gym – a large frame made of metal bars for children to climb on
4. slalom – a race that follows a zigzag (winding) course, laid out with markers such as flags
5. trump card – a card from the suit that has been chosen to have a higher value than the other suits in a particular game; something that you can do or use in a situation, which gives you an advantage
6. on their behalf – in place of them; for the benefit of them
7. let the rope out – relaxed one’s hold on; given more freedom
8. integrity – the quality of being honest and strong about what you believe to be right
9. for the time being – for now; for the moment; temporarily
10. savvy – clever and knowledgeable
11. resolve differences – to solve or end a problem or disagreement
12. to be torn – divided or undecided
13. hemmed and hawed – was hesitant and had trouble making a decision
14. put her out of her misery – to end the suffering of an animal in pain; to end someone’s feeling of suspense or worry
15. hazing – playing tricks on a new student or to making them do silly or dangerous things, as part of joining the team or a club at the school

16. initiating – the action or ritual of admitting someone into a secret society or group
17. pranks – tricks that are intended to be amusing and often to make someone look foolish
18. You name it – anything; used to say there are many things to choose from
19. with a vengeance – using a lot of effort, energy, or time; with great force or extreme energy

52 Things Kids Need from a Mom

Chapter 38– Kids Need Their Mom to Tell Them What She'd Do Differently

1. regrets – a feeling of sadness about something sad or wrong or about a mistake that you have made, and a wish that it could have been different and better
2. appropriate – correct or suitable for a particular time, situation, or purpose
3. for starters – as a beginning, with more to follow; used to say that something is the first in a list of things
4. keep (something) to myself – to not tell anyone else about something
5. uncool – not fashionable or acceptable; embarrassing
6. take a second look – look twice because you are interested or attracted
7. misconception – an idea which is wrong or untrue, but which people believe because they do not understand the subject properly
8. it grieves me – it makes me feel very unhappy
9. countenance – your face or expression (countenance can also be a verb that means to accept, support, or approve of something)
10. judgmental – criticizing people very quickly; tending to form opinions too quickly, esp. when disapproving of someone or something
11. needless to say – It is so obvious that it doesn't need to be said, but....; obviously
12. pull it together – put on make-up, fix your hair nicely, and put on a fashionable outfit (pull it together usually means: become calm or regain control of your emotions)
13. kick into high gear – move to a state of maximum activity, energy, or force

14.caring for the temple – taking care of your body (based on:

1 Corinthians 6:19-20 (New International Reader's Version)

¹⁹ Don't you know that your bodies are temples of the Holy Spirit? The Spirit is in you, and you have received the Spirit from God. You do not belong to yourselves. ²⁰ Christ has paid the price for you. So use your bodies in a way that honors God.

15.toxic – poisonous; (informal) causing you a lot of harm and unhappiness over a long period of time

16.brilliance – a very high level of intelligence or skill; very great brightness

17.Redemer – someone who frees someone from the power of evil; Jesus Christ, who frees people from sin by his death on the cross

52 Things Kids Need from a Mom

Chapter 39– Kids Need Their Mom to Make a Big Deal Out of Grandparents and Extended Family

1. make a big deal out of (something) – treat (something) as if it were very important; also used in a negative way – to get too excited or upset about something, or make something seem more important than it is
2. extended family – a family that includes not only parents and children but also other relatives (such as grandparents, aunts, or uncles)
3. light up – (with reference to a person's face or eyes) suddenly become or cause to be filled with liveliness or joy
4. gap – a space between two objects ; a big difference between two situations, amounts, or groups of people
5. generation gap – the lack of understanding or the differences between older people and younger people
6. viable – capable of working successfully
7. make a point to – to be certain to do something that you think is important
8. shady – probably dishonest or illegal
9. hilarious – extremely funny
10. lineage – the way in which members of a family are descended from other members; ancestry
11. traits – particular qualities in someone's character; the things that make you “you”
12. irreplaceable – too special, valuable, or unusual to be replaced by anything else; impossible to replace
13. penchant – a strong or habitual liking for something or tendency to do something; if you have a penchant for something, you like that thing very much and try to do it or have it often

14.budge – to move, or to make someone or something move

15.mending (noun) – clothes that need to be repaired

16.quirky – unusual, especially in an interesting way

52 Things Kids Need from a Mom

Chapter 40– Kids Need Their Mom to Teach Them How to Keep Their Money Straight, in Order, Facing the Same Direction

1. stickler – someone who believes in closely following rules or in maintaining a high standard of behavior
2. wad – a number of usually flat and/or small objects pressed tightly together; a mass of something folded and pressed together
3. wadder – someone who wads things
4. neat and tidy – orderly and clean
5. a hoot – very funny; amusing
6. nightstand – a small table beside a bed
7. crumple – to crush something so that it becomes smaller and bent
8. tithe – to pay or give a tenth part of, especially for the support of the church
9. straightforward – simple and easy to understand
10. ascending order – arranged from the smallest to the largest number
11. get it – to understand it
12. steward – one who manages another's property, finances, or other affairs
13. pouting – push out your lower lip because you are annoyed or unhappy
14. entitlement – something, often a benefit from the government, that you have the right to have
15. in over one's head – to be involved in a difficult situation that you cannot get out of
16. string trimmer – a tool which uses a flexible monofilament line instead of a blade for cutting grass and other plants near objects, or on steep or irregular terrain; also called weed whacker or weed eater

17.bistro – a small restaurant or bar

52 Things Kids Need from a Mom
Chapter 41– Kids Need Their Mom to be Patient about Things Like
Thumb-Sucking and Pacifiers

1. in just a matter of minutes – in only a few minutes
2. in utero – in a woman's uterus; before birth
3. obsession – an extreme unhealthy interest in something or worry about something, which stops you from thinking about anything else
4. transition (v.) – to make a change from one thing or condition to another
5. orthodontia – treatment for the correction of irregularly aligned teeth, usually involving braces and sometimes oral surgery; also orthodontics
6. wavered – became weaker or less certain
7. gave out – lasted no longer, or to worked no longer; was completely used up
8. affliction – something that causes pain or suffering, especially a medical condition
9. relapsed – fell or slipped back into a former condition or practice (as of illness or behavior)
10. retrieved – found something and brought it back
11. under the cover of night – hidden by darkness
12. stash (n.) – an amount of something that is kept in a secret place
13. buckteeth – teeth that stick forward out of your mouth
14. conscientious – careful to do everything that it is your job or duty to do
15. noble – morally good or generous in a way that is admired
16. aspirations – things you hope to achieve

17.self-imposed – decided by yourself, without being influenced or ordered by other people

18.eating someone's lunch – to defeat, outwit, or win against someone

19.pretense – a way of behaving which is intended to make people believe something that is not true

20.poised – not moving, but ready to move or do something at any moment

21.chill (v.) (informal) – calm down, relax

22.lay down – set aside; give up; surrender

52 Things Kids Need from a Mom
Chapter 42– Kids Need Their Mom to Let Them Make Really Dumb
Mistakes Without Condemnation

1. condemnation – an expression of very strong disapproval of someone or something
2. fume – feel, show, or express great anger
3. stomp – to walk with heavy steps or to put your foot down very hard, especially because you are angry
4. for crying out loud – said when you are annoyed, and to emphasize what you are saying
5. doggone it – an exclamation of annoyance or disappointment, used to express frustration
6. consequence – something that logically or naturally happens as a result of a particular action or set of conditions
7. certifiable – proven
8. blown it – failed to take advantage of an opportunity by doing or saying something wrong; messed up; made a big mistake
9. unfold – to develop or become clear
10. learn the hard way – to discover what you need to know through experience or by making mistakes
11. let it slide – to not do anything about something or someone when you should try to change or correct that thing or person
12. bend the rules – to allow something to be done that is not usually allowed
13. flat-out – total, or expressed in a clear and certain way; as fast or as hard as possible
14. adhere – to stick or hold firmly

15. belittling – making someone or something seem small or unimportant
16. ledger – a book in which things are regularly recorded, especially business activities and money received or paid
17. the slate needs to be wiped clean – to forget all past problems or mistakes and start something again; to start a new and better way of behaving, forgetting about any bad experiences in the past

52 Things Kids Need from a Mom

Chapter 43– Kids Need Their Mom to Introduce Them to Her Friend Named Jesus

1. single-most – by far the most important; considered by itself or separate from other things
2. blow it – to lose an opportunity to do something by doing or saying the wrong thing
3. Redeemer – the One who buys back or repurchases mankind from the bondage and guilt of their sins, by dying in their place
4. impart – to give information, knowledge, wisdom to someone
5. investigate – to examine something carefully, especially to discover the truth
6. go for it – to do anything you have to in order to get something
7. jump through hoops – to do a lot of difficult things before you are allowed to have or do something you want
8. tricky – something that is difficult to deal with or do because it is complicated and full of problems
9. hesitant – uncertain about what to do or say because you are nervous or unwilling
- 10.vibrant – full of activity or energy in a way that is exciting and attractive; bright

52 Things Kids Need from a Mom
Chapter 44– Kids Need Their Mom to Set the Tone for the Family

1. set the tone – to establish a particular mood or character (mood – the way a place makes you feel)
2. dragged – moved somewhere with difficulty, especially because you were ill, tired, or unhappy
3. lug – to pull or carry something heavy with difficulty
4. morsels – very small amounts of something, especially a small pieces of food
5. luxuriously – very comfortably
6. cushy – very easy; making few demands
7. droopy – hanging down heavily
8. lethargic – feeling as if you have no energy and no interest in doing anything
9. poops (short for “party poopers” – people who spoil other people's enjoyment by disapproving of or not taking part in a particular activity)
10. here's the deal – Here is the plan or the way it is.
11. moody – often changing quickly from being in a good temper to being in a bad temper
12. hormonal – having behavior that is controlled by one's hormones (chemical substances produced by your body that influence its growth, development, and condition)
13. sluggish – moving or reacting more slowly than normal
14. chart the course – to plan something in detail; to make the plans for others to follow

- 15.tone it down – to cause something to have less of an impact on the senses of sight or sound; to lessen the impact of something
- 16.obnoxious – very offensive, unpleasant, or rude
- 17.eye-rolling – moving your eyes around in a circle because someone has said or done something stupid or strange
- 18.dissuade – to convince someone not to do something
- 19.dorks – people behave awkwardly around other people and usually have unstylish clothes, hair, etc.
- 20.insecurities – lack of confidence about yourself, your abilities, or your relationships with people
- 21.sleepyheads – people who are tired and look ready to sleep
- 22.diminished – made smaller or less
- 23.mundane – ordinary and not interesting or exciting
- 24.taking no offense – not feeling insulted by someone or something
- 25.offended – angry and upset by someone's behavior or remarks
- 26.perpetually – continuously

52 Things Kids Need from a Mom
Chapter 45– Kids Need Their Mom to Genuinely Respect All People,
Cultures, Denominations, and Creeds

1. genuinely – done in a way that's real and true
2. denominations – religious groups whose beliefs differ in some ways from other groups in the same religion
3. creed – a statement of the basic beliefs of a religion; an idea or set of beliefs that guides the actions of a person or group
4. encountered – met someone without planning to
5. ridiculed – laughed at someone or something in an unkind way; mocked or made fun of
6. put all one's chips on the table – commit to a bold move (to bet all the chips you have in a poker game)
7. shrugged – raised and then lowered your shoulders in order to show that you do not know something or do not care about something
8. bar mitzvah – the religious ceremony held when a Jewish boy reaches the age of 13 and is considered an adult
9. whew – sound used when you are surprised, very hot, or feeling glad that something bad did not happen
10. take hold – to become established; to start to have an effect
11. tenants – (typo for the word tenets)
12. tenets – principles or beliefs, especially the main principles of a religion or philosophy
13. berate – to speak angrily to someone because they have done something wrong; to criticize someone in an angry manner
14. steadfast – faithful and very loyal; not changing

15.argumentative – quick to disagree and argue

16.work up one's nerve – to be brave; to have courage

17.the afflicted – those who are suffering physically or mentally

52 Things Kids Need from a Mom

Chapter 46– Kids Need Their Mom to Teach the Boys How to Love a Wife

1. calculating (verb) – judging the number or amount of something by using the information that you already have, and adding, taking away, multiplying, or dividing numbers
2. intentional – planned; to have something in your mind as a purpose
3. belittle – to make someone or something seem unimportant
4. mumble – to speak quietly or in an unclear way so that the words are difficult to understand
5. feign – to pretend to have a feeling or condition
6. streamers – long narrow pieces of colored paper, used for decoration on special occasions
7. girly – suitable only for girls rather than men or boys
8. goofy – silly
9. resent – to feel angry or upset about a situation or about something that someone has done, especially because you think that it is not fair
10. demean – to cause someone to become less respected
11. crave – to have an extremely strong desire for something
12. own your faults – admit your mistakes and weaknesses
13. lavish (verb) – to give someone or something a lot of love, praise, money etc.

52 Things Kids Need from a Mom

Chapter 47– Kids Need Their Mom to Teach the Girls How to Love a Husband

1. desperately – extremely or very much
2. a crazy woman – a woman who is really happy and excited to be in love
3. flaws – faults or weaknesses
4. misplaces – puts in the wrong place and loses temporarily because of this
5. vow – a serious promise
6. major on – to pay particular attention to
7. respect – admiration for someone or something that you believe is good, valuable or important
8. light up – look happy, show pleasure or excitement
9. condemning – expressing strong disapproval
10. in process – begun, and not completed
11. cherished – kept in your mind because it is important to you and brings you pleasure
12. moan – to make a long, low sound because of pain or suffering, or to say something in a complaining way
13. get around to – to find time to do something
14. bashing – attacking and criticizing verbally
15. negativity – an attitude that is not hopeful or enthusiastic; expressing criticism and pessimism
16. repentance – sincere regret and remorse and turning away from a wrong course of action

52 Things Kids Need from a Mom

Chapter 48– Kids Need Their Mom to Identify the Characteristics of a Fool and Tell Them What to Do When They Meet One

1. naïve – too ready to believe someone or something, or to trust that someone’s intentions are good, esp. because of a lack of experience
2. suspicious – feeling doubt or a lack of trust
3. taken aback – to be surprised or confused by something unexpected
4. deception – the act of hiding the truth, especially to get an advantage
5. imposters – a person who pretends to be someone else in order to deceive others
6. trickster – a person who deceives people or plays tricks
7. slick – clever and good at persuading people but probably not honest or sincere
8. heartache –feelings of great sadness
9. unrighteous – sinful; wicked
10. mock – to try to make someone or something seem foolish or ridiculous; laugh at, make fun of
11. arrogance – being proud in an unpleasant way and behaving as if you are better or more important than other people
12. waiting for one’s “ship to come in” – when one becomes rich and successful
13. spouts – says or repeats something, often in a way that is annoying for other people
14. unreliable – not able to be trusted or believed
15. archer – a person who shoots with a bow (= long stick held bent by a string tied to the ends) and arrow, usually for sport

16.strife – angry disagreement or violent actions

17.scoffer – one who speaks about someone or something in a way which shows that he has no respect for that person or thing

18.contention – disagreement resulting from opposing arguments

19.folly – a foolish action or belief; lack of good sense

20.abounds – exists in large numbers

21.entanglement – a situation or relationship that you are involved in and that is difficult to escape from

52 Things Kids Need from a Mom

Chapter 49 – Kids Need Their Mom to Train Them to Listen to Her

1. know a thing or two – to have a lot of practical skills and knowledge learned through experience
2. clarity – the quality of being clear and easy to understand, see, or hear
3. prompt (n.) – something serving to suggest or remind
4. tune out – to ignore someone or not give your attention to something or to what is happening around you
5. reissue – to print or produce again
6. cleats – shoes with small, pointed objects that stick out from the bottom for playing soccer, baseball, football etc.
7. exasperate – to cause anger or extreme annoyance in someone
8. throw-down (n.) – a performance or competition
9. concise – expressing what needs to be said without unnecessary words; short and clear
10. brevity – the use of few words
11. frill – something additional that is not necessary
12. perk up – to become happier, more energetic, or more active
13. hang with me – continue to listen to me
14. punch line – the last part of a story or a joke that explains the meaning of what has happened previously or makes it funny
15. take-away – a main message or piece of information that you learn from something you hear or read
16. prearranged – planned or prepared at an earlier time

17.payoff – a benefit; the return on an investment

18.indulging – allowing yourself or someone else to have something enjoyable

19.dividends – good results at a time in the future

20.invaluable – extremely useful; priceless

21.insight – a clear, deep, and sometimes sudden understanding of a complicated problem or situation, or the ability to have such an understanding

22.glazed-over – having a dull, bored appearance

52 Things Kids Need from a Mom

Chapter 50 – Kids Need Their Mom to Teach Them to Not Be Easily Offended

1. offended – being upset or having hurt feelings because someone seemed to be rude or not show respect
2. take something personally – to interpret a remark as if it were mean or critical about oneself
3. out to get someone – intending to harm someone in particular
4. gonna – going to
5. smirking – smiling in a way that expresses satisfaction with yourself or pleasure about having done something or knowing something that is not known by someone else
6. to take offense – to feel offended by something that someone has done or said
7. too bad for them – used to say that you do not care
8. arrrgh – expression of anger or frustration
9. righteous anger – anger that arises from an accurate perception of true evil, not from being inconvenienced or from violations of personal preference; it focuses on how people offend God and his name, not me and my name; it remains self-controlled
10. atrocities – extremely cruel acts
11. bitterness – anger and disappointment at being treated unfairly; resentment
12. defile – spoil the goodness or beauty of something
13. grievances – complaints or strong feelings that you have been treated unfairly
14. grudges – strong feelings of anger and dislike for a person who treated you badly

15. rehashing – presenting something old in a new way or form without any real change or improvement
16. own – admit or acknowledge that something is the case or that one feels a certain way
17. give someone the benefit of the doubt – to believe something good about someone, rather than something bad, when you have the possibility of doing either
18. short – rude and unfriendly when speaking to someone

52 Things Kids Need from a Mom
Chapter 52 – Kids Need Their Mom to Teach Them a Gracious
and Generous Hospitality

1. gracious – behaving in a polite, kind, and generous way
2. hospitality – friendly and kind behavior towards visitors
3. hospitable – friendly, welcoming, and generous to visitors
4. little did I know – used for saying that someone did not know/realize that something was true
5. outworking – the action or process by which something is brought to completion
6. company – a guest or guests
7. love on – to show someone that you care about them by using encouraging and affirming words, or by putting an arm around them or giving them a hug, or even just by spending quality time with them to show you care
8. readied – prepared (someone or something) for an activity or purpose
9. woohoo – an exclamation of joy, approval, excitement etc.
10. come-as-you-are – come as you are dressed in that moment
11. stingy – not generous
12. unclenching – relaxing or releasing a tight hold (of hands, teeth or jaws)
13. bestowing – giving something as an honor or a present
14. rations – limited amount (of something) that one person is allowed to have especially when there is not much of it available
15. snuggly (adj.) – comfortable, warm, and cozy [contrast with snugly (v.) – in a very tight way]

16.get in on (something) – to become involved in something that other people are doing that is fun or interesting, or that makes money